



MILOS COVE

INCEPTION RESORT

Spa Experience Guide

WELLNESS | CONSCIOUSNESS | SERENITY

The dream is real, Obsidian Spa welcomes you...

Inspired by the raw beauty and healing energy of Milos,
Obsidian Spa is a sanctuary of renewal,
where nature and wellness come together in perfect harmony.

Milos, a volcanic island shaped by time and the elements,
is home to the rare and powerful obsidian rock,
a natural volcanic glass revered since ancient times
for its protective, grounding, and purifying properties.

Just as obsidian has been used for centuries to cleanse
and restore balance, our spa rituals are designed to
rejuvenate both body and spirit.

Step into a journey of relaxation, where the essence
of the island's minerals, the warmth of its earth, and the purity
of its waters come together to offer you a truly transformative experience.

Body

Swedish Massage

A head-to-toe relaxing experience designed to melt away tension and stress.
Perfect for those seeking a soothing and rejuvenating escape.

60 min | 110 euro

Deep Tissue Massage

A therapeutic experience designed to relieve muscle tension with deep firmer pressure.
Suggested for those with muscle stiffness and active lifestyles.

50 min | 130 euro

Back, Neck & Scalp Massage

A targeted upper-body massage focusing on key stress points combined with therapeutic cupping to loosen tight muscles.

Ideal for those seeking relief from headaches and neck discomfort.

30 min | 80 euro

Lighter Legs Massage

A targeted lower-body massage focusing on relieving soreness combined with gentle brushing to move the lymph and reduce fluid retention.

Best suited for swollen legs and those experiencing jet lag.

30 min | 80 euro

Mother To Be Massage

A delicate approach to this precious time specially designed to reduce anxiety, alleviate bloating and promote relaxation.

Recommend for those who have completed 12 weeks.

50 min | 90 euro

Anti-Cellulite Massage

A draining and firming massage designed to improve skin's tone and texture, enhance blood circulation and promote detoxification.

Made for those seeking smoother-looking skin.

40 min | 100 euro

Enhance your experience with a body ritual, featuring a tailor-made blend of natural ingredients designed to prepare your skin for sun exposure and pamper it afterwards.

Elios

A refreshing body scrub that gently exfoliates the skin to remove dead cells, combined with a nourishing body cream for a silky-touch skin.

The essential step for a flawless and radiant tann.

30 min | 60 euro

Nero

Recover from the sun with a restorative body wrap that revitalizes and calms the skin, combined with a moisturizing face massage and a soothing body cream.

Ideal for sun-kissed complexions that yearn for water.

30 min | 60 euro

Aphrodite

Reveal your skin's natural radiance with our expert facial treatments, designed to nourish, rejuvenate, and restore balance. Each treatment is tailored to your skin's unique needs, using high-performance ingredients to deeply cleanse, hydrate and revitalize. Whether you seek a glowing complexion, intense hydration or targeted care, our facials promote a refreshed youthful appearance, while offering a moment of pure relaxation.

Let us know about your skin type and concerns. We will customize the perfect treatment to enhance both your beauty and well-being.

50 min | 100 euro

Adonis

A tailored experience built for the gentleman, blending muscle-relaxing massage to combat stress with an invigorating express facial to refresh and fortify the skin. This "best of both worlds" ritual is perfect for those seeking a quick yet effective escape from the demands of daily life, combining relaxation with face care for a balanced, energized feeling.

Made for the man on the go and those absorbed in their busy schedules.

50 min | 100 euro

Enhance your experience with our beauty extras, designed to complement your treatments and provide targeted care. These specialized add-ons, focus on areas that need a little extra care, offering the perfect finishing touch to your wellness routine.

Phos

Revive and plump the delicate eye area with our refreshing eye treatment, designed to diminish signs of fatigue and restore a calm youthful look.

This targeted care works to reduce puffiness, dark circles, and fine lines while deeply hydrating and soothing the skin.

20 min | 50 euro

Aeras

Experience the soothing benefits of ear candling, a natural therapy that helps remove excess earwax and relieve discomfort from earaches, sinus congestion, and pressure imbalances.

This gentle treatment promotes relaxation while supporting overall ear and sinus health.

20 min | 50 euro

Obsidian Bath Ritual

Surrender yourself to the ancient Greek tradition of aqua therapy, this rejuvenating bath ritual embraces the healing properties of water and restores balance to both body and mind. Immerse in warm, mineral-rich waters infused with natural ingredients sourced from our fertile land such as sea salts, aromatic herbs, and essential oils. You'll feel tension melt away, leaving your body refreshed and your senses awakened. The perfect follow up after a massage, to uplift your spirit and complete your wellness journey.

50 min | 150 euro — 250 euro per couple

Pathos Bath Ritual

Serenade your senses with an intimate retreat designed to lull you into a state of bliss. Begin with a relaxing massage that soothes the body, setting the stage for pure indulgence. Then dive in a romantic bath experience, where warmth, ambiance, and the essence of love come together to envelop you in serenity. This ritual is the perfect blend of romance and deep relaxation, ideal for reconnecting with your partner and honeymooners.

80 min | 350 euro per couple

Sauna & Hammam Ritual

Experience the revitalizing benefits of heat therapy with our sauna and hammam, designed to cleanse, detoxify, and promote deep relaxation. The dry heat of the sauna encourages perspiration, helping to flush out toxins, relieve muscle tension, and improve circulation. In contrast, the gentle steam of the hammam envelops you in soothing warmth, melting away stress, opening the pores, and hydrating the skin. Whether you seek deep relaxation or a clarifying escape, this ritual is the perfect way to prepare your body for further treatments or simply indulge in a moment of pure tranquility.

20 min | Available upon request per room

Salt Room Retreat

Step into a serene sanctuary where the purifying properties of salt cleanses your spirit and delivers you into a realm of harmony. In this tranquil space, the natural minerals in the air help to absorb negative energy, promote deep relaxation, and restore balance. As you sit back and unwind, let the soothing atmosphere envelop you, allowing your body to release tension and your mind to find clarity. Enjoy a cup of herbal tea as you take a moment to recharge, extending the benefits of your treatment before gently transitioning back to the outside world.

Good to know

The Obsidian Spa operates daily from 10 am to 7 pm and our Wet Area from 12 pm to 6 pm.

For your safety and comfort, we kindly advise you to:

Arrive dressed in your bathrobes at least 10 minutes prior to your appointment, so that you can enjoy your treatment to the fullest.

Avoid heavy meals before your treatment, as food requires time to be properly digested. Alcohol consumption prior to any spa service is strongly discouraged.

Dont bring jewelry or valuables to the spa, as we cannot be held responsible for loss or theft of personal belongings.

Turn of your mobile devices or leave them in your room to fully disconnect from the outside world.

Inform as in advance if you are or think you may be pregnant, have any health conditions, or allergies so we can recommend the most suitable treatment for you.

Your cooperation in maintaining a tranquil atmosphere and respecting the privacy of other guests is greatly appreciated.



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